







Clapham and Brixton Hill Better Start Area

Maytree, Clapham Manor and Tree House Children's Centres

Weekly activity timetable - Week 21st September 2020

Email: cc@maytree-school.org.uk

Monday	Tuesday	Wednesday	Thursday	Friday	Top tips/learning outcome
<p>Paper plate Bird</p>  <p>What you will need: Paper plates, paper, glue, colouring pens and pencils, scissors</p> <p>Use your plate as the body (or draw around something round on paper and cut out if you do have a paper plate) Draw your bird's head on paper, cut out and attach to the body using glue. You can now decorate your bird.</p> <p>Rocking bird</p> <p>To make a rocking bird, fold</p>	<p>Owl rice cakes</p>  <p>What you will need: 4 rice cakes, 1 medium banana, 1 apple, 1 carrot, a handful of blueberries, a handful of cheerios, 4 tablespoon peanut butter (substitute if any allergies)</p> <p>Slice the banana. Spread peanut butter over each rice cake and then place 2 slices of banana for owls eyes. Dab a small amount of peanut butter on the center of the</p>	<p>Bird watching</p>  <p>While out on a walk, have a look around and see how many different birds you can see. You may find more in areas with lots of trees like the park. If you are lucky enough to have a local park with a pond, have a look to see if there are any ducks. During your walk you could go and buy any ingredients you may need for your bird feeders.</p>	<p>Bird feeder</p>  <p>Apple Bird Feeder</p> <p>What you will need: An apple, 2 twigs, seeds and string</p> <p>Thread the string through the hole in the apple, Make an 'X' with the sticks and tie them to the string so the apple sits on top. Make a pattern by pushing the seeds into the apple, then it's ready to hang up!</p>  <p>Fruit Hoops</p> <p>What you will need: An apple, cheese, raisins,</p>	<p>Three little ducks</p>  <p>Three little ducks went swimming one day, Over the hill and far away. Mother duck said, "Quack, quack, quack, quack"</p> <p>But only two little ducks came back</p> <p>Two little ducks went swimming one day, Over the hill and far away. Mother duck said, "Quack, quack, quack, quack"</p> <p>But only one little duck came back</p> <p>One little duck went swimming one day, Over the hill and far away. Mother duck said, "Quack, quack, quack, quack"</p>	<p>Owl rice cakes</p> <p>Allowing children to help with food preparation is a good way of keeping our children occupied while encouraging them to eat healthy and try a range of different foods. Talk about what you are doing, ask them to count scoops, handfuls, slices .etc</p> <p>Bird feeders</p> <p>If possible, give children the choice of which feeder they would like to make. You could also involve them when making a shopping list of what you will need to make your feeder. Children can help with cutting the fruits using a butter knife and with adult supervision. Including your child in choices is a good way of making them feel involved</p>

your paper plate in half and decorate. Attach feathers and googly eyes if available



owls eyes and add a blueberry for the pupil of the eye.

Slice the apple into thin wedges and place 2 onto each rice cake, (peel side outward) to serve as the owl's wings. Peel carrot and slice thinly. Using 4 slices, cut into triangles for the nose. Finally, add some cheerios for feathers between the wings.



garden wire, string
Cut your apple and cheese into cubes. Children can help with the chopping. Carefully thread fruit and cheese onto the wire like a necklace. Make a hoop with the wire and tie it to some string. Ready!

But none of the five little ducks came back

Sad mother duck went swimming one day, over the hill and far away. Mother duck said, "Quack, quack, quack, quack"

And all of five little ducks came back

and proud of the finished product.